GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:3379
ANSWERED ON:04.08.2017
Anaemia
Birla Shri Om

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

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(a) whether the Government has taken notice of the fact that during the past decade anaemia caused due to deficiency of iron has been the major cause of disability among the Indians;

(b) if so, the steps taken by the Government during the past three years for addressing the problem of anaemia;

(c) the total percentage of national population suffering from anaemia at present, State-wise;

(d) whether it is a fact that the problem of anaemia is increasing amongst pregnant ladies, despite the efforts made by the Government; and

(e) whether the Government has contemplated any special work plan in this regard and if so, the details thereof?

Answer

ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI FAGGAN SINGH KULASTE)
(a) to (e): As per the latest data of National Family Health Survey IV (NFHS-IV):
â€¢ Anaemia in children age 0-59 months has declined from 69.4 percent in 2005 to 58.4 percent in 2015.

â€¢ Anaemia in Pregnant women age 15-49 years has declined from 57.9 percent in 2005 to 50.3 percent in 2015.

â€¢ Anaemia in men age 15-49 years has declined from 24.2 percent in 2005 to 22.7 percent in 2015.

The State/ UT wise details are annexed.

Under National Health Mission, Remedial measures adopted by Government to reduce the extent of anaemia in the population are as follows:
â€¢ Under the National Iron Plus Initiative (NIPI), iron-folic supplementation for prevention and treatment of anaemia in a life cycle approach is provided to children, adolescents, women of reproductive age groups, pregnant women and lactating mothers.

â€¢ Bi-annual administration of Albendazole to all children 1 − 19 years for Deworming.

â€¢ Universal screening of pregnant women for anaemia is a part of ante-natal care and all severely anaemic mothers are line listed and followed up for comprehensive management at higher facilities.

â€¢ Every pregnant woman is given iron and folic acid, after the first trimester, to be taken 1 tablet daily and same is continued during the post natal period. Pregnant women, who are found to be clinically anaemic, are given additional 1 tablet for taking two tablets daily. This has been now expanded to 6 month during ANC and 6 month during PNC.

â€¢ In malaria endemic areas, to tackle the problem of anaemia due to malaria particularly in pregnant women and children, Long Lasting Insecticide Nets (LLINs) and Insecticide Treated Bed Nets (ITBNs) are being distributed.

â€¢ Mother and Child Protection Card (MCP Card) and Safe Motherhood Booklet are being distributed to the pregnant women for educating them on dietary diversification and promotion of consumption of IFA.

â€¢ Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA) has been launched to focus on conducting special Ante Natal check up on 9th of every month with the help of Medical officers/ OBGYN to detect and treat cases of anaemia.

â€¢ Health and nutrition education through IEC & BCC to promote dietary diversification, inclusion of iron folate rich food as well as food items that promotes iron absorption.

â€¢ Do's and Don'ts for prevention of Anaemia during pregnancy has been prepared and sent to the States/ UTs, to share with all

beneficiaries during ANC checkups.